



網上遊學團 Educational Webinar series

免費網上粵語講座以 Zoom 會議形式舉行
從二月至四月,每月的第四個星期一,早上十時至十一時,歡迎大家參加
Free Virtual Cantonese Information Sessions Via Zoom. From February to April, the 4th Monday
of the month, from 10:00 to 11:00 am. All are Welcome.

28
February
2022

10:00-11:00am

齊來認識和保護聽力

Understanding Hearing Loss

高齡引致的聽覺問題, 聽覺護理, 助聽器的使用及其他輔助器材
What is Hearing Loss, how to prevent it, hearing aids and devices

講員 Speaker: Lok Chee Wu, 聽覺保健輔導員, 加拿大聽覺服務
Hearing Care Counsellor, Canadian Hearing Services

28
March
2022

10:00-11:00am

護理院的抉擇

Things to consider when choosing a nursing home for seniors

在護理院的抉擇過程中, 應如何為長者選擇合適的院舍
How to search the nursing home that will best match the needs of your loved one

講員 Speaker: Nicky Lam, 安省註冊社工, 頤康中心護老者支援服務
Social Worker, Caregiver Support Services, Yee Hong Center

25
April
2022

10:00-11:00am

失智症多面睇

Dementia 101

認知障礙症與其他失智症簡介
Overview of Dementia and Alzheimer's Disease

講員: Julie Wong, 公共教育和地區支持負責人, 多倫多認知障礙症協會
Public Education & Regional Support Lead, Alzheimer's society of Toronto

參加者需要網上報名以取得 Zoom ID. 請往這連結報名 [請按入此處登記](#)

Please register online to obtain Zoom ID. [Please Click Here for Registration](#)

如有任何查詢, 請瀏覽 www.ccncaregiver.ca

華人關顧者網絡是一個伙伴合作計劃, 由十多個健康推廣和社會服務機構聯合組成。目的是在安省的華人社區內, 倡導和推廣華人關顧者的聯繫、教育、資訊共享及訓練。網絡成員包括: 多倫多認知障礙症協會, 加拿大聽力服務, 耆暉會, 康福心理健康協會, 加拿大腎臟基金會-安省分會, 西乃山醫院恆康中心和頤康中心。

The Chinese Caregiver Network (CCN) is a partnership across health and social service providers and caregivers with a common goal to advocate and promote networking, education, information sharing and capacity building among caregivers in the Chinese community. Current members include: Alzheimer Society Toronto, Canadian Hearing Services, Carefirst Senior and Community Services Association, Hong Fook Mental Health Association, Senior Person Center Connected, The Kidney Foundation of Canada – Ontario Branch, Mount Sinai Hospital Wellness Centre, and Yee Hong Centre for Geriatric Care.